

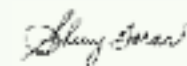
Message from Our President & Executive Director

We are pleased to be able to report a very productive year for board and staff. Vanier was able to open a new residential program (6 bed) for complex multiple needs children 7-13 from the Southern Ontario region who may require up to 2 years of specialized residential treatment. There was relief when it was made possible to keep the valued Early Intervention Program for 3-6 year olds open through some shifting of funds. Our new website was launched and a creative new Vanier-designed Case Management system, called iCase, was implemented.

Our Board of Directors adopted a five-year diversified funding plan and an award-winning awareness raising campaign as well as hosted a very successful second annual breakfast with Dr Fraser Mustard. The Honourable Michael Wilson will be the keynote speaker at this year's event.

Looking forward, a careful exploration of the feasibility and appropriateness of amalgamating Vanier. Craigwood Youth Services, Western Area Youth Services, and Oxford Elgin Child & Youth Centre has been initiated. After review of the information collated in Phase One, it will be decided whether or not to engage in Phase Two, which involves developing a Business Plan. This decision point will occur in September.

We are looking forward to another purposeful year, appreciating each other and the support from our peer agencies and our community all along the way. On behalf of the Vanier Board of Directors and staff, we thank you for offering us just that during this past year!



Sherry Foran, Chairperson



Willy Van Klooster, Executive Director

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Programs and Services

Children and Youth Crisis Intake (C-IT)

The Crisis and Intake team reduces stress and confusion while accessing Child and Youth Mental Health Services. Telephone crisis intervention is available 24 hours, seven days a week for youth and their parents/guardians living in the London and Middlesex counties. C-IT also provides a single point of intake service for all non-residential programs (including day and overnight respite) located at Vanier, Craigwood Youth Services and Western Area Youth Services, as well as support while waiting for services. Vanier offers bilingual crisis-intake service to the French-speaking community.

Highlights for 2009/2010:

- CIT served a high volume of clients and received over 4000 calls this past year.
- Outreach in activities such as supporting the Northbrae Hub and co leading a support group at the in patient children's unit of the hospital continues to be relevant and appreciated.
- Also our Funded Respite programs have thrived over the past year. We take pride in our contribution to this collaborative project.

Community Mental Health Services/Focused Family Therapy Internship

The Community Mental Health Services team provides a range of prevention and time limited, goal focused therapy services to London and Middlesex families. This year, the Clinical Internship Program provided training for 7 interns and 13 students. Short Term Counselling services assisted over 120 families. We thank our students and interns for their exemplary work during the last year.

Highlights for 2009/2010:

- Completed an innovative project funded by CAS with Children's Aid workers co-leading Kid to Kid groups with Vanier staff focused on helping children and parents where the parents have mental health issues
- Middlesex staff continue to reach out to a wider audience
- RAPP services for children under 12 coming to the attention of fire and police authorities have reached 50 families

Early Years Team

The Early Years Team provides services to young children ages 0 to 6 and their families who may be experiencing serious difficulties including: attachment disorders, anxiety, emotion regulation issues, school failure adaptation, sleep issues, poor peer relationships, anxiety and uncontrolled aggression. The Early Years team provides comprehensive clinical assessments, multidisciplinary consultation, family therapy, parent-child therapy, in-home parent support, a day treatment school program for young children, psychological assessment, psychiatric consultation and assessment, parenting and social skills groups, public education workshops, occupational consultation, speech and language consultation, and case management. Services are provided in the environment best suited to each family; at Vanier, in the home, in the child's school or in the community including London-Middlesex, Sarnia-Lambton, Elgin and Oxford counties.

Highlights for 2009/2010:

- This year, we served over 300 families by providing clinical services, parent education workshops, groups and consultations to other agencies
- Programs gathering PECFAS scores indicate improvement in over 80% of families.

- Outreach to families with infants/young children has been a focus. Earlier intervention may reduce the need for more intensive and costly services later.

Residential/Intensive Services

Our clinically supported, individualized residential and intensive services have assisted many children and families during the past year. In-home support, day treatment classrooms, residential and respite programming contribute lasting effects on children's functioning and parenting capacities. "Hand-in-Hand", "TLC" and the new "Cornerstone" residences provide multidisciplinary care for children needing these services.

Cornerstone

In January, 2010, Vanier opened a new long-term residential treatment program for children who have complex trauma histories and multiple placement interruptions, including separation from their family. Long term residential treatment can provide them with the safety and continuity of relationships to deal with their traumatic past and help them to integrate and manage their feelings and behaviours in order to be successful in a more family-like setting. This is a 6-bed unit for boys and girls ages 7-13. Team Leader, Gillian Kerr, and Supervisor, Sandy Dobaczewski did an amazing job along with the Support Services Manager, Louise West in preparing the old 'cottage 3' to begin new life as Cornerstone!

On Campus Day Treatment Program

The staff of the on-campus program work very hard to help children develop skills in the area of self-regulation, empathy, school readiness and relationship building. This is done through the minute-by-minute teachable moments that occur in class as well as through social skill training, compliment circles, and individual time spent 1:1. Our goal is to help clients re-define school to be an enjoyable, safe and rewarding environment.

Highlights for 2009/2010:

- The school organized and hosted an International Pot Luck Lunch
- Creatively engaging the children in a positive learning environment by actively participating in "drumming", music, cooking, baking, gardening
- A play day with a variety of summertime activities, including a dunk tank

School Community Intervention Partnership (SCIP)

The School Community Intervention Partnership (SCIP) is a collaborative community partnership committed to an effective early response to elementary school children who present with externalizing behavior problems as identified by their school teams. SCIP's interventions/treatments reflect approaches that are evidenced based, multi-disciplinary, and attentive to diversity and collaboration. SCIP's services are delivered in the least restrictive setting (home, school, community) and in partnership with schools, families and community agencies/services.

Highlights for 2009/2010:

- SCIP was chosen by the community of Elgin and key stakeholders as a model program to strengthen mental health services in Elgin County and launched into four schools- 2 in St.Thomas, 1 in Rodney, and 1 in Alymer.
- SCIP exceeded its target of 100 clients (serving over 150) and met its direct service hour target of 1000.

- SCIP met its target of 85% of teachers and 85% of parents being satisfied with the service they received (at least 4 out of 5 on a 5-point likert scale)

HOPE

Project HOPE – Helping Other Parents Excel – began in 2000 as the first program of its kind in Ontario. It is run for parents, by parents, and its goal is to empower parents who are dealing with challenging behaviour in their children through one to one parent mentoring, information sharing and advocacy on behalf of children's mental health. Thanks to the generosity of the May Court Club of London, HOPE continues to support parents and children, promote positive parenting and raise awareness of children's mental health issues in London and area through our affiliation with school boards, provincial advocacy groups, and other parent groups.

Highlights for 2009/2010:

- HOPE reached a milestone this year – our 10 year anniversary!!
- HOPE has been involved in advocacy efforts at the provincial level to focus attention on funding gaps in children's mental health care. HOPE participated in the Parents for Children's Mental Health Day of Action at Queen's Park on May 3, 2010, our first provincially coordinated lobbying effort. HOPE parents are also involved in the strategic planning efforts of CMHO, OPSEU, and PCMH to ensure that the issue of children's mental health is front and centre in the run up to the next provincial election in 2011.
- Memberships on Student Support Leadership Initiative; TVDSB Special Education Advisory & Mental Health Committees

“CARING DADS” GROUP AT VANIER

“Caring Dads: Helping Fathers Value their Children” is an intensive group program developed out of the work occurring at Changing Ways, Inc., an agency that assists men who have been abusive in their intimate relationships. This program arose “from the concerns felt for those children who cannot rely on their fathers to be non-violent”. “The Caring Dads” curriculum provides a powerful incentive for men to recognize the importance of setting a more positive example for their children.” Many experts in the field assisted in the development of “Caring Dads” and it has received wide international attention. It had never been offered at a Children's Mental Health facility before the winter of 2010. Vanier staff felt that we needed to find new ways to engage fathers in their children's treatment process and “Caring Dads” was felt to be an excellent way to begin. Five staff received training at Changing Ways in 2009, and the first group was offered in winter 2010. Seven fathers participated and remained involved throughout the 17 sessions. We discovered that this group had a positive impact on their engagement in their children's therapy at the agency. We are also involved in a research project headed by Dr. Katreena Scott Ph.D.C. Psych. and her team, which we hope will demonstrate the unique value of hosting this program in a children's treatment setting. Vanier is excited to include “Caring Dads” in our menu of group services!

BREAKFAST EVENT

On September 30, 2009 Vanier held its second Breakfast Event at the Four Points by Sheraton. We were delighted to have Dr. Fraser Mustard as our featured guest speaker. Dr. Mustard is one of Canada's most insightful medical scientists

and researchers whose studies, publications and leadership have influenced a broad range of our country's federal and provincial health policies over many years. He is particularly recognized for his studies into the importance of a child's early experiences as a determinant of subsequent health, behaviour, learning and quality of life. The event was attended by 300 people and the funds (\$9,500) raised have been used to support the “HOPE – Helping Other Parents Excel - Program” at Vanier. Vanier is excited to announce we will be hosting another Breakfast Event on September 30, 2010 with The Honourable Michael Wilson as our guest speaker.

Potential Amalgamation

In October 2009, the Boards of Directors for Craigwood Youth Services, Western Area Youth Services, Oxford Elgin Child and Youth Centre and Vanier Children's Services passed resolutions to enter into a dialogue about amalgamating our services into one new service. The four organizations committed to Phase One - Exploration of a Conceptual Model. A presentation will be made to all of the boards at a meeting in September, 2010 at which time the boards will each decide to continue or not continue to Phase Two – Business Plan Development.

The Centre for Organizational Effectiveness (Maria Sanchez-Keane, principal) is working with four committees who are guiding the process. The Executive Director Committee meets bi-weekly to consider process, communication, key stakeholder engagement, and other issues as they arise. The Governance Committee has established what is required by each of the boards in order to have sufficient information on which to make a decision in September. The Programs and Services Committee has been meeting bi-weekly to facilitate staff and community engagement through 17 focus groups (Discovery Sessions), produce an inventory of all current programs and services in our organizations, read best practices, and draft a conceptual model of a new service delivery system. The Infrastructure Committee has 7 Due Diligence task groups related to: Collective Agreements, Finances, Information Systems, Property, Human Resources, Legal Issues and Intangible Assets.

The process has been invigorating, expansive and challenging. An effective amalgamated service model would provide easier access for clients, increased visibility and credibility for children's mental health, and leverage new funding opportunities. What we know is that the landscape of children and youth services – and nonprofit services generally – is changing dramatically in London and elsewhere. New social and financial realities will require a new service system to respond effectively to the needs of children and families in a way that is sustainable. We will see whether amalgamation is that way for Vanier.



MADAME VANIER CHILDREN'S SERVICES
Comparative Consolidated Statement of Operations

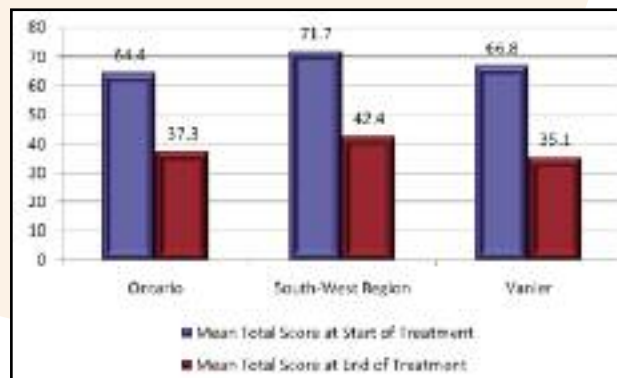
	Audited March 31/10	Audited March 31/09
REVENUE	\$7,344,108	\$7,139,844
EXPENSES		
Salaries & Benefits	5,685,571	5,595,076
Occupancy Costs	443,665	381,897
Office Expense	159,879	186,982
Promotion & Publicity	31,348	20,768
Board Expense	19,530	31,838
Staff Travel / Professional Development	107,114	102,843
Membership Dues	18,307	18,837
Purchased Professional Services	275,957	386,637
Program Costs	437,314	350,544
Amortization	131,469	153,744
TOTAL EXPENSES	7,310,154	7,229,166
Surplus (Deficit)	33,954	(89,322)

What is CAFAS?

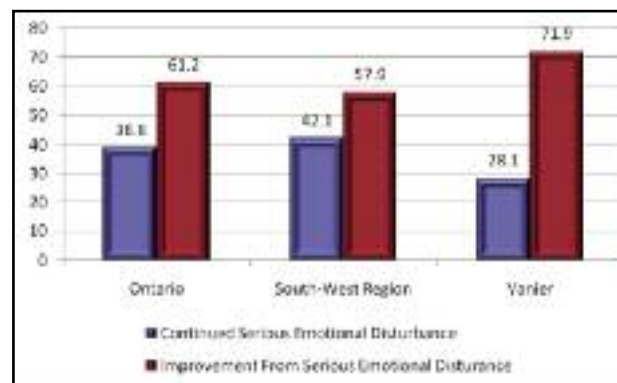
The Child and Adolescent Functional Assessment Scale is a staff-rated instrument used in all children's mental health organizations in Ontario because it has demonstrated good reliability, validity, clinical acceptability, and utility as an outcome measure. Eight scales (School/Work, Home, Community, Behaviour towards Others, Moods/Emotions, Self Harm, Substance Use, Thinking) measure child/youth daily functioning. Caregiver scales include Material Needs and Family Social Support. Lower scores indicate higher functioning. Provincial scores demonstrate that Vanier continues to work with some of the highest needs children/youth in the province, while achieving significant clinical outcomes.

Treatment Outcomes: April 1, 2009 to March 31, 2010

Change in Average Total CAFAS Score from Entry to Treatment to Last CAFAS



Percentage of Cases Improving from Serious Emotional Disturbance (Total score >= 50) to No Serious Emotional Disturbance (Total score < 50)



Real Help.

Awards

Vanier and Vanier staff continued to be recognized this year for outstanding performance. One of our most senior therapists, Don Efron, was recognized provincially by the Hospital for Sick Children with the prestigious Elizabeth Manson Award for Community Service in Children's Mental Health. Laura O'Brien Fagnoli was recognized by the London Middlesex United Way for her leadership during this year's campaign. John Timmerman was nominated for the provincial Child & Youth Counsellor Krista Sepp Award. Vanier was recognized by the City of London's Diversity and Race Relations Advisory Committee for community leadership in diversity. Finally, the London Chapter of the International Association of Business Communicators honoured Vanier in three advertising categories for our recent Emoticon public awareness raising campaign.



Funders and Donors

- | | | |
|---|--|--|
| Ministry of Children and Youth Services | London Muslim Mosque | OPSEU Local 144 |
| The Estate of Lucille B. and Ramon C. | Ross Sutton | Jen Derrah |
| RBC Foundation | Andrew & Helen Spriet | Jenna Weaver |
| Royal Bank of Canada | Vijai Kanthan | Jim Beaver |
| Archangelo Rea Family Foundation | Children's Aid Society of London/Middlesex | Harry Joosten & Kathleen Murphy |
| Ontario Trillium Foundation | McNamara Pizzale Barristers | Islamic Centre of Southwestern Ontario |
| May Court Club of London | Kellogg's | Sue Barnes |
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Mission Statement

Vanier helps children to reach their full potential by working with the child and family's unique strengths, needs and culture to prevent or reduce serious emotional problems.

Real Families. Real Problems. Real Help.

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Vanier
children's services

Annual Report 2010