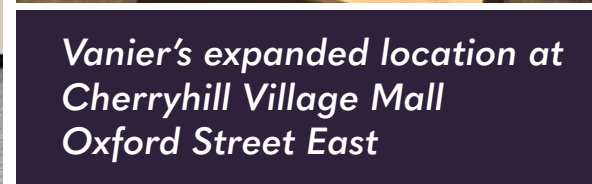




2024 | 2025 ANNUAL REPORT

A Year of Growth, Transformation, and Resilience



Our Values

Compassion

Belonging

Advocacy

Trust

Innovation

Excellence

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MESSAGE FROM THE BOARD CHAIR

As we reflect on the last year, the Board of Directors would like to sincerely thank Vanier's dedicated staff for their commitment to our mission and continued ability to adapt to the changing needs of our community.

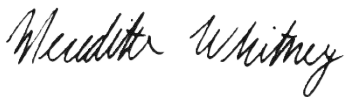
This year has brought even more growth and impact. Expanding Vanier to a second site at Cherry Hill Mall, where the Tandem, IFS, SCIP, and the Assertive Community Treatment team will reside. We enhanced our partnership with the Muslim Resource Center with the ROOTS Project, and we expanded our school program to include adolescents. Every effort shows our consistent focus on our mission to deliver culturally responsive, accessible mental health services to children, youth and families.

As a Board, we remain focused on ensuring sound governance, thoughtful leadership and strategic thinking towards the future. We have welcomed new board members and engaged in meaningful dialogue to ensure we are on the best path forward to support the children and youth of our community. We are grateful for Vanier's CEO, Kelly Simpson, and the Leadership Team for their partnership with the board. Their dedication, transparency and strategic focus have and will continue to help position Vanier for long-term success.

Our work is far from over and we are excited to continue building on this year's momentum. As we explore new opportunities, deepen our community partnerships and continue to improve the quality of our services, your continued involvement will be critical to this journey.

Thank you for being part of our community. We could not do this without you.

With gratitude,



Meredith Whitney
Chair, Board of Directors



MESSAGE FROM THE CEO

Celebrating 60 Years Serving Children and Families In Our Community

Vanier is celebrating its 60th anniversary! This year, we honour our history and acknowledge the incredible impacts Vanier has had in improving the lives of children and families experiencing mental health challenges. To our staff, board members, community partners, and supporters, we celebrate this remarkable milestone of 60 years of impactful service with you. This anniversary is a testament to your dedication, expertise, and resilience. I am excited about the opportunity to envision a bright future together as we continue to make a positive impact on our community.

As I reflect on the past year, I am proud and inspired by the accomplishments, transformations, and remarkable growth we achieved. As a recognized leader in children's mental health, Vanier has experienced an extraordinary year of progress and development, including the expansion of programs and services to support adolescents.

Vanier's efforts in providing mental health care for children, youth, and families are more essential than ever, as children navigate a complex and rapidly changing world. The UNICEF 19th edition, 2025 of the report, "Child Well-Being in an Unpredictable World," ranked Canada 19th out of 36 countries in child well-being. The rating was based on measures of mental well-being, physical health, and skills development. As we continue our journey of learning and growth, we are committed to delivering the highest quality clinical programs and services designed to enhance the mental well-being of children and adolescents in our community.

Thank you to our dedicated Board of Directors. Our work would not be possible without your governance, leadership, and strategic vision. As a lead agency, we are grateful for the collaborative partnerships we built with our community partners and funders.

I hope you will join us in this opportunity to celebrate our 60 years of accomplishments and look forward to future years of progress, partnerships, and collaborations to support children, youth, and their families.

Sincerely,



Kelly Simpson
CEO



OUR KEY ACCOMPLISHMENTS

Expansion to Serve Adolescents (13-17 years old)

Adolescent Day Treatment Program

In September 2024, Vanier opened the first day treatment classroom serving adolescents in partnership with the Thames Valley District School Board.

Child & Youth Intensive Outreach Team

Vanier received \$1.2 million in new funding to create an assertive community treatment team. The team is community based and will support children 8 - 18 years old who have serious mental illness and require ongoing intensive treatment.

New Location at Cherryhill Village Mall

Vanier expanded to a second location to support the growth in child and adolescent mental health services. Images of the space are featured on the inside cover of this report.

Modernization of Technology

Information Technology Upgrades

The IT team supports networks, computers, phones, security, and building access for both Vanier locations. In the past two years, all computers were upgraded. In 2024, Vanier transitioned to a fully integrated digital phone system, allowing employees to receive calls on their computers, cell phones, or desk phones. This enabled seamless interoffice communication with our new Cherryhill location.

Electronic ID Badge System

Our new employee photo ID badge, which is a Ministry of Children, Community, and Social Services licensing requirement provides access to the buildings and the photocopier. The new photocopiers allow us to monitor copier usage, cost out printing to the various teams as an expense for budgeting, and preset printer features such as double-sided printing to save paper. The copier also requires a secure printer where printing only happens when employees swipe their badge.

New IT Ticketing System

Vanier introduced an IT ticketing system for all support requests. This process improvement tracks requests, allows priority items to be resolved, and provides important data on the number and types of issues.

Upgraded Security Cameras

Ensuring security for our clients and employees is a top priority. Vanier upgraded to digital cameras at both locations.

OUR KEY ACCOMPLISHMENTS

Tele-Mental Health

In 2024, the Ministry of Health approved the expansion of Tele-Mental Health Services to include London-Middlesex.

Capital Improvements

A number of capital improvements were completed, including new roofing and siding for live-in treatment cottages. New flooring was installed throughout the building. New furnishings and computers were purchased for the Cherryhill site. A cargo van was purchased for the use of our facilities department. New vehicles were purchased to transport clients.

Social Media & Marketing

Vanier in partnership with rTraction created a social media and marketing plan with the goal to increase our presence and brand in the community.

Leadership Team Training

As a learning organization, Vanier is committed to growing and supporting our leaders. This past year Vanier invested in a new performance management program, change management training and toolkit, leadership coaching, and rounding.

Playground

A vibrant and interactive playground, designed around creativity, as well as, safety was installed at the main site. A sensory interactive playground uses a variety of equipment and activities to stimulate children's senses, encouraging exploration, development, and social interaction. It is a perfect blend of fun and learning for the children to enjoy.



EQUITY, DIVERSITY, INCLUSION, AND BELONGING

Equity Diversity, Inclusion, and Belonging (EDIB) Framework and Implementation Plan

Vanier is committed to fostering an inclusive environment that reflects the diverse communities we serve. In line with Vanier’s Strategic Plan for 2023-2027, an Equity, Diversity, Inclusion, and Belonging framework, roadmap, and implementation plan was developed to help us achieve our mission, vision, values, and strategic goals.

EDIB is a foundational driver integral to our strategic plan. In 2024-2025, Vanier continued the journey to advance EDIB work within Vanier and in our Lead Agency role in the community.

A new EDIB vision statement was created: *“Our vision is to drive quality care that is tailored and strives to meet the holistic needs of clients and families by modelling a supportive and compassionate environment that enhances everyone’s experience of being included, welcomed, and empowered. We shape a culture that engages everyone equitably and builds intentional relationships that reflect diverse perspectives and individual values. Our organizational values unite and help us reflect on intrinsic biases and become more open to learn from each other and grow together.”*

There are four main principles in our EDIB Action Plan

1. Service Delivery:

- Monitors service deliverables to identify opportunities
- Reviews and tracks progress of EDIB activities
- Solicits service user feedback for quality improvement

2. Current State Diversity Culture:

- Performs current state analysis
- Collects, analyzes, and trends demographic data to identify needs
- Prioritizes activities and focuses efforts

3. Staff Experience:

- Review hiring & recruitment practices to identify opportunities
- Customize education & training to target identified priorities
- Identify key performance indicators and measure performance

4. Leadership Commitment:

- Fosters an inclusive culture
- Understands and prioritizes EDIB activities
- Supports the annual operating/action plan



Building a Foundation of Equity, Diversity, Inclusion, and Belonging



QUALITY & PERFORMANCE

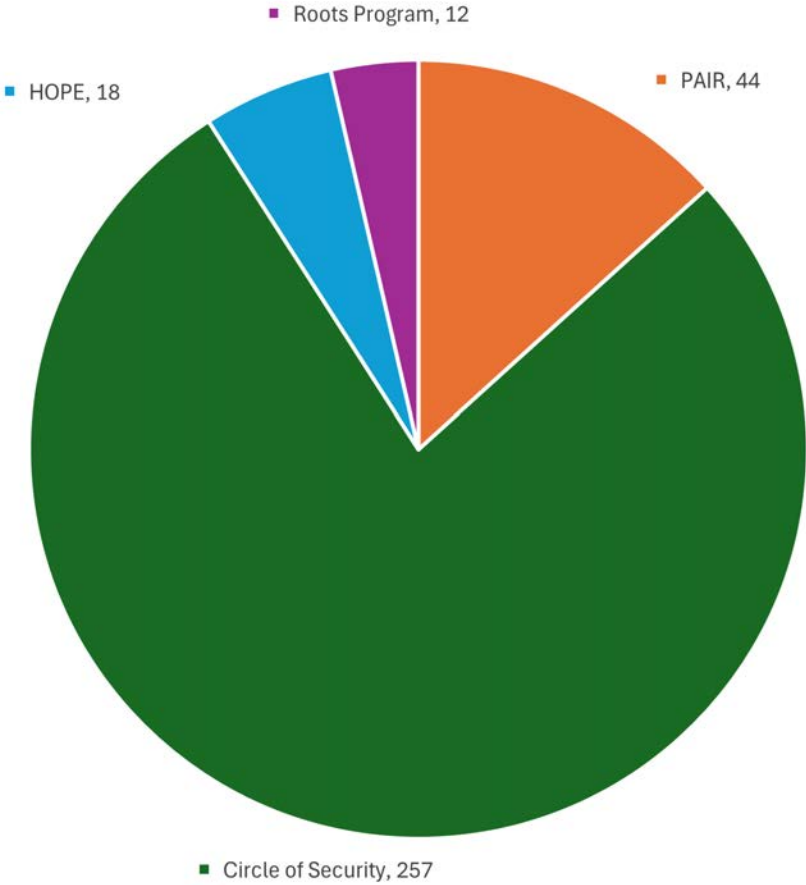
Working in partnership with Vanier clinicians and system leaders, the quality team supports the use of data and research to identify, inform, and evaluate quality improvement initiatives to evaluate programs and to inform best practices.

COMMUNITY CAPACITY & COLLABORATION

Programs are designed to promote community capacity, leading to a stronger community.

- The eight week Circle of Security Program, attended by more than 250 family members, teaches parents new ways to understand their children’s needs and behaviours.
- Through the Parent and Infant Relationship Clinic (PAIR), more than 40 parents of children under the age of 12 were offered single-session therapy sessions and given information regarding infants’ emotional needs.
- Almost 20 family members participated in peer support through the H.O.P.E. (Helping Other Parents Excel) Program.
- The ROOTS program offered families new to Canada from Middle Eastern and North African countries, who identified as Muslim, a culturally sensitive 14-week program which provided strategies for overcoming trauma and distress.

**BUILDING STRONG COMMUNITIES:
PROGRAM & NUMBER OF PARTICIPANTS**



QUALITY & PERFORMANCE

SUPPORTING THE LONDON-MIDDLESEX COMMUNITY

Highly skilled clinicians provide therapy and counselling services. All therapists are regulated health professionals, practicing under the Controlled Act of Psychotherapy. The professionals offered a variety of mental health services to:

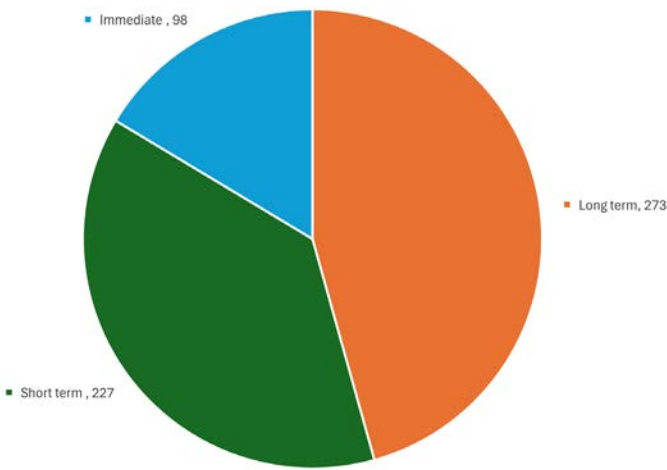
- 98 children/youth/parents attended Talk-in clinics, a drop-in service that provides immediate access to counseling services
- 227 clients were offered more short-term supports such as Brief Therapy and Focused Family Therapy
- Intensive, longer-lasting support was provided to 273 people

SERVING THE MOST COMPLEX CHILDREN & YOUTH

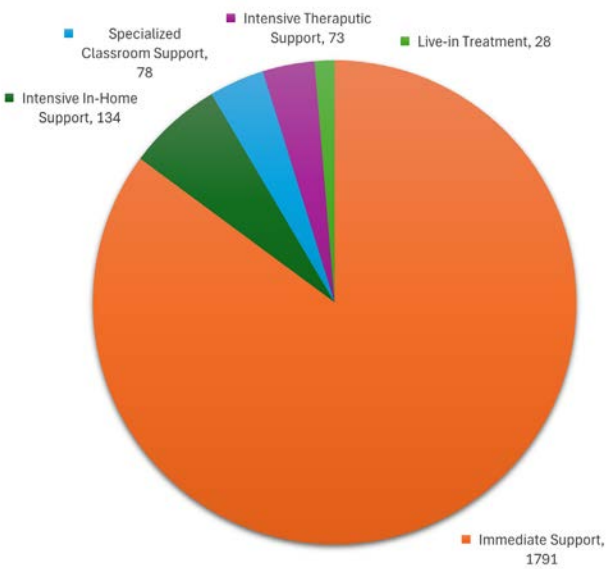
Vanier supports children and youth with severe, chronic mental health issues impacting their functioning at home, school, and in the community.

- 1800 people were offered immediate support through Tandem, a 24/7 Crisis and Intake team
- 134 people were offered intensive family supports in their homes
- 78 children attended a day treatment program offering specialized classroom support
- 28 children received intensive live-in treatment
- 73 children attended day treatment programs (eating disorders, and respite)

**THERAPY & COUNSELLING SUPPORTS:
IMMEDIACY OF SUPPORT & NUMBER OF PARTICIPANTS**



**ADDRESSING COMPLEX NEEDS:
PROGRAM NAME & NUMBER OF PARTICIPANTS**



MY STORY, written by Vanessa



When I was sixteen years old I attempted suicide for the first time. When I was fifteen years old I stopped doing the sport I loved and with that stopped eating but began to self-harm. When I was fifteen years old I was diagnosed with an anxiety disorder and depression.

When I was fourteen years old I realized that where I was living was dangerous. When I was 14 years old I realized my parents didn't like each other but "loved" each other. The kind of love that causes hurt instead of heals it.

When I was thirteen years old I was busy, doing everything I could to stay out of my house even if that meant sitting on the porch for hours. The cold was better than fear and anger and anxiety. Being alone was better than being suffocating. When I was twelve years old I found out that my parents aren't perfect or right all the time, in fact they were wrong.

When I was eleven years old my big sister got pregnant when she was fifteen. When I was eleven years old I took care of that baby, when he woke up in the middle of the night, when he couldn't stop crying, when he was hungry and scared. When I was eleven years old I mourned as my sister moved in and out constantly leaving my life and coming back into it. Taking care of him came easily because

I had practiced caring for my younger brother and sister; packing their lunches, cooking dinner, cleaning up after them, doing their laundry, helping with their homework and covering their ears when dad was yelling and being scary.

When I was nine years old, I got my first job coaching gymnastics because my parents always forgot to pick me up after my four or five hour long practice. When I was nine my sister moved to the United States with her dad for a few months, then she came back because he was scary too.

When I was nine I was alone because it was bad to be loud like my older sister, she was “bad”... At least that’s what I was told. She used up lots of room and my parents never thought to make space or time for me because I was okay; I had to be okay, I had to be quiet, I had to be responsible, I had to be alone.

I am almost eighteen years old now and it has been a year since I moved out of my parents house. It has been a year since I was connected to HAVEN because of my hospitalization due to a feeding and eating disorder and it has been a year since my life changed completely. It has been five months since I restricted or purged. It has been two hours since my last full meal and five minutes since my last snack. It has been seven months since I attempted suicide last, it has been four months since I self-harmed, it took me eight months to find a place to live where I feel loved and supported. During the eight months I was in multiple unsafe living environments, sometimes unaware of how I would afford to eat, where I would sleep or who I could trust, HAVEN was my safety net and strongest support.

They not only provided me with mental health and eating support, they also provided me with grocery gift cards, blankets, sunscreen and the basic needs one needs to live. They helped me navigate funding and the system that failed me many times before and continues to fail teens and children everyday.

HAVEN gave me a sense of security and belonging and opened my eyes to a whole new perspective and way to manage life that I could not have done without them.

HAVEN saved my life in more ways than one, they not only helped me in the moment but also gave me tools I needed to continue to heal and cope even when I finish the program. They knew I needed more help even after the eating disorder portion and the HAVEN team helped advocate for me and got me into a trauma CBT in order to help with the trauma and mental health I was struggling with. I am forever grateful to them for everything they did.

Your Story Matters

LEAD AGENCY - COLLABORATIVE SYSTEM LEADERS

Vanier is the Lead Agency for London and Middlesex and has a legislated mandate to work at the provincial and local levels to plan, improve, and advocate for Child and Youth Mental Health (CYMH).

Vanier's CEO is a member of the provincial Lead Agency Consortium, which is responsible for building a stronger children's mental health system across the province, and is actively involved in the provincial Ontario Intensive Treatment Pathway (OITP) initiative and serves on the System Planning Committee.

Locally, the Core Services Leadership Council (CSLC) is responsible for system planning for child and youth mental health. The three-year Service Area Plan serves as their guiding document, outlining the priority areas of focus.

1. Live-in treatment/intensive and specialized services
2. Targeted Prevention
3. Brief counselling and therapy services
4. Coordinated access and flow
5. Enhanced coordination between core CYMH services and other mental health-related community resources

2024-2025 was the second year of the three-year Service Area Plan, focusing on completing the Targeted Prevention work and transitioning from a Brief Services focus to counselling and therapy. Live-in treatment/intensive and specialized services.

Quality Committee – Targeted Prevention

The Quality Committee for Targeted Prevention developed a current state review and inventory of targeted prevention programs for children and adolescents in London-Middlesex.

Quality Committee – Brief and Counselling & Therapy Services

The Quality Committee for Counselling & Therapy developed a current state review and inventory of brief therapy and counselling services for children and adolescents in London-Middlesex.

Right Time, Right Care: Strengthening Ontario's Mental Health & Addictions System

Is a provincial initiative aimed at aligning school and community mental health services to ensure that children and adolescents receive the right care at the right time and in the right place. Implementation coaches have been working with the Lead agency to map services based on level of need and intensity. This will be a multi-year project.

LEAD AGENCY - COLLABORATIVE SYSTEM LEADERS

Innovation Initiatives – Project ROOTS

The Lead Agency successfully obtained an Innovation Initiatives grant from the Knowledge Institute on Child and Youth Mental Health and Addictions to develop an evidence-based program entitled “ROOTS” (Resilience, Opportunities, Optimizing, Transitions, Support). The goal of the ROOTS program is to empower newcomer Muslim families who come from Middle Eastern and North African countries who are struggling with emotional regulation and family communication.

The Roots program ran weekly from September to December 2024. The group was hosted at Vanier and co-facilitated by staff from Vanier, Humana, and the Muslim Resource Centre for Social Support & Integration.

Qualitative methods were used to evaluate the ROOTS program at two time points. Midway through the pilot, participants were asked to write down what they liked/disliked about the program. At the end of the program, facilitators were invited to participate in a focus group, and an interview. Participants indicated that they appreciated the topics and found the information helpful. Facilitators emphasized the importance of inter-agency relationships and the significance of acknowledging participants' diverse cultural identities.

Conference Presentation - Children's Mental Health Ontario (CMHO) Conference, November 2024.

Presentation on Roots Project - <https://cmho.org/2024-conference/>

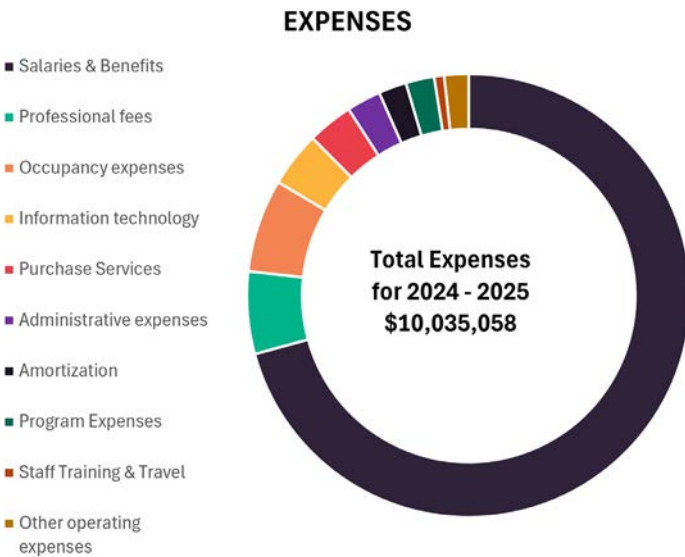
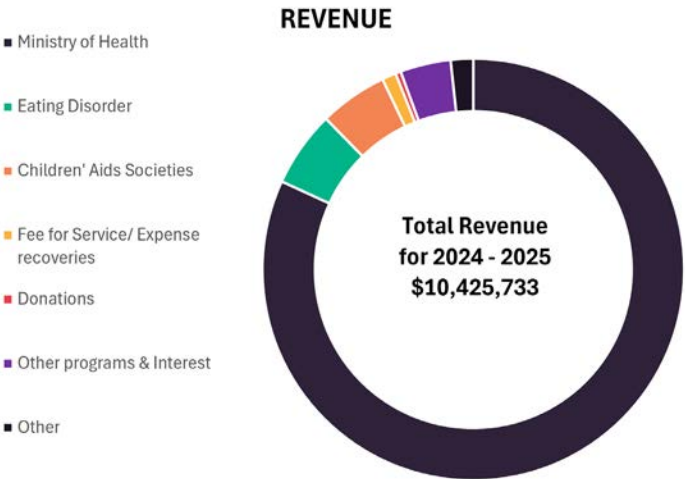
Provincial Training Initiative (PTI)

PTI is a multi-year project in collaboration with CMHO, the Lead Agency Consortium, and the Knowledge Institute on Child and Youth Mental Health and Addictions. PTI is a training initiative designed to increase the number of providers in Ontario trained in evidence-based practices that treat children and adolescents with the most intensive service needs. The South West Region offered the following trainings during the fiscal year: Trauma Focused Cognitive Behaviour Therapy (TF-CBT), advanced training in TF-CBT, and Circle of Security Parenting.



REVENUE & EXPENSES

Year Ended March 31, 2025



*Audited financial statements are available on our website

THANK YOU TO OUR DONORS AND FUNDERS

We are so grateful for your support. Your generosity helps us keep moving forward—whether it's launching new projects, providing vital resources, or supporting the children and families we serve.

Thanks for believing in what we do. Your support means the world and truly makes a difference.

Together, we are creating positive change. Thank you for being a big part of it.

thank you



Knowledge Institute on Child and Youth
Mental Health and Addictions
Institut du savoir sur la santé mentale et les
dépendances chez les enfants et les jeunes



The May Court Club
of London

Hunter: A Story of Trust, Growth, and Transformation

From Struggles to Strengths

Hunter's story is one of both inspiration and celebration.

During his time at Vanier, Hunter made remarkable progress, and it was a true honour to witness his growth. His success is not only a testament to his strength but also to the dedication and compassion of the staff who supported him along the way. When Hunter first arrived, he struggled to form and maintain relationships with both staff and peers. This wasn't new, prior to admission, he had often isolated himself due to a history of bullying. Much of this bullying stemmed from his Tourette's, which he felt compelled to hide. He was known to lock himself in the washroom at school and at home for hours to keep others from seeing his tics. However, once at Vanier, something shifted. Hunter noticed that differences weren't singled out, they were accepted as part of everyday life. Each client's unique qualities were met with understanding rather than judgment. Over time, this helped Hunter feel seen, accepted, and safe enough to embrace his own uniqueness.


In the early stages of treatment, mealtimes were especially challenging. Hunter had a very limited diet and was fearful about how food was handled—whether it had been touched by others, where it was prepared, or even how it was cut. For a while, he brought meals from home to avoid this stress. But as trust in the staff grew, so did his comfort. He began trying new foods and became more flexible about how meals were prepared. While his list of preferred foods remained small, he was eating, and that marked real progress.

Another area of difficulty was Hunter's relationship with women. Coming from a household of women, he craved male attention and openly expressed mistrust toward females. In time, though, he started to build quiet but meaningful connections with the women on staff. Though he never said it outright, it became clear that he enjoyed their company and felt safe seeking their support.

Hunter also struggled significantly with OCD, a challenge that persisted throughout his stay. What changed, however, was his willingness to confront the anxious thoughts that came with it. His courage to step outside his comfort zone was fueled by the collaborative, patient, and validating environment created by his treatment team. This supportive approach was key to his transformation.

Hunter is a brave, strong young person who showed incredible determination and resilience. His journey reminds us of the power of acceptance, trust, and teamwork in helping someone rediscover their strength.





*"I've learned that people will forget
what you said, people will forget what
you did, but people will never forget
how you made them feel."
- Maya Angelou*

EMMA'S JOURNEY OF GROWTH AND RESILIENCE

Emma's educational journey is a testament to her incredible resilience, determination, and personal growth. Beginning at Craigwood Youth Services, she transitioned to a secondary classroom at Vanier, where her story of transformation truly unfolded. During her time at Vanier, Emma demonstrated exemplary attendance and participation, embracing every opportunity to further her education and build meaningful connections.

Emma's achievements in the classroom were remarkable. She completed almost all her secondary school credits before moving on to the Merrymount Program to finish the remaining requirements for graduation. Vanier's program became more than just a stepping stone for Emma, it was a space where she flourished and developed relationships with the staff and her peers. Upon discharge, Emma expressed heartfelt gratitude and a reluctance to leave, emphasizing the positive relationships she had formed, especially with her teacher, who supported her through various semesters and programs, and was a pillar for Emma during challenging times in her life.

Emma grew into an inspiring young woman and a natural leader, assuming the position of class role model. She embraced this responsibility with empathy and compassion, particularly toward younger students who looked up to her. Her warm sense of humour and vibrant personality brought a unique energy to the classroom. Whether breaking out into spontaneous dance or contributing thoughtfully to discussions, Emma created an atmosphere of joy and inclusivity.

Emma often reflected on her personal growth, describing herself as a "changed woman." She took immense pride in her strides in overcoming life's challenges.

*"Every challenge you face is
an opportunity to grow."*

Emma's excitement and optimism shines brightly as she looks to the future.

She expressed gratitude for the person she had become. Her relatability and strong social skills made her a cherished presence among her peers, fostering a sense of camaraderie wherever she went.

With her hard work and determination, she has proven that no obstacle is insurmountable. Emma's story continues to inspire everyone who has had the privilege of knowing her. She is deeply missed in the secondary treatment classroom at Vanier, but her legacy of resilience and positivity remains. Emma is truly a shining light, and those who have witnessed her journey are immensely proud of her accomplishments and the remarkable young woman she has become.



A STORY OF HEALING AND TRANSFORMATION

How Ms. Rachael's Therapy Changed Our Lives

Trauma came into our lives without warning and turned everything upside down. Our family was shaken to the core. In the middle of all the emotions, grief, sadness, and guilt, I lost track of my role as a parent and tried to be a friend to my kids. Looking back, I know I was doing my best to cope, but it changed how things worked at home. One of my children took it especially hard, and we saw a big shift in his behaviour. He became angry, defiant, and constantly acted out. The emotional outbursts were intense and exhausting. I felt completely lost as a parent, unsure how to reach him or fix what felt broken. That's when we turned to Vanier, and met Ms. Rachael.

Therapy was a game-changer for us. My son began learning how to handle his emotions and work through what he was feeling. Slowly, I started to see glimpses of the child I knew—the kind, fun-loving, sensitive kid who had been buried under all the pain. His outbursts started to fade, his attitude softened, and he really took in what he was learning with surprising maturity. But Ms. Rachael didn't just help my son, she helped me too. She gave me tools and strategies I could use at home, and they made a huge difference in how we functioned as a family. Our home started to feel calm again. Relationships that felt broken began to heal, and my bond with my kids grew stronger.

It's hard to put into words how grateful I am to Ms. Rachael. She didn't just help my child heal, she helped bring our family back together. I was nervous about opening up at first, especially with someone in a position of authority, but she made us feel safe and supported. There was no judgement, just understanding, which made it possible for us to open up and grow.

I'm so thankful for our time at Vanier. Ms. Rachael was a light during one of the darkest times in our lives. She'll always have a special place in our hearts. Thank you, Ms. Rachael, for guiding us through such a hard time and helping us find peace again.

We'll never forget it.

grateful



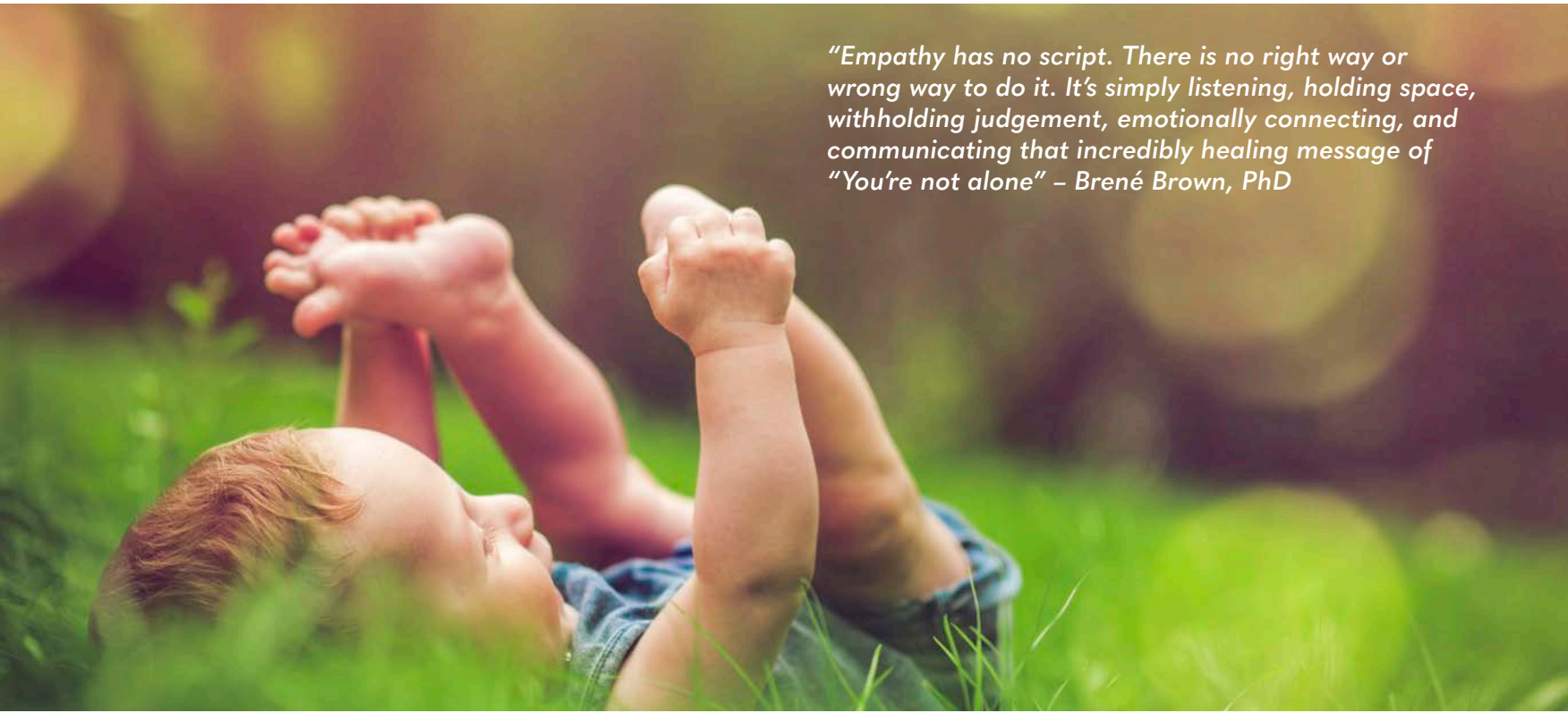
PROGRAM HIGHLIGHTS - CHILD AND FAMILY THERAPY

At Vanier, we are rooted in the belief that healing happens in connection, within families, between individuals, and within the community. Through a compassionate, strength-based approach, we walk alongside children, youth and their families as they navigate challenges, build resilience, and rediscover hope.

We strive to offer a safe and inclusive space where families are heard, understood, and empowered. Whether through longer term family therapy or focused brief interventions, our goal is to foster meaningful change that strengthens relationships and promotes emotional wellness for children and caregivers alike.

Every family has a unique story, and we are honoured to be part of their journey toward wellness. Together, we celebrate the courage it takes to reach out, the growth that unfolds through connection, and the brighter futures that emerge when families thrive.

Maria Greenhalf, RP - Clinical Manager



"Empathy has no script. There is no right way or wrong way to do it. It's simply listening, holding space, withholding judgement, emotionally connecting, and communicating that incredibly healing message of "You're not alone" – Brené Brown, PhD

VANIER EMPLOYEES

Congratulations to Vanier staff who celebrated years of service. Your passion and hard work have been the cornerstone of our vision, and your efforts make a lasting impact. **You make a difference every day.**

Celebrating 20 Years!

Jordan MacKay
Louisa Englehart

Celebrating 15 Years!

Reanne Zrini

Celebrating 10 Years!

Kymberli Bohnsack

Celebrating 5 Years!

Bill Robotham
Amanda Gil
Amy Beaudoin
Misty Gray



VANIER IS CELEBRATING 60 YEARS IN 2025!

MAKING A DIFFERENCE EVERY DAY

You Are At The Heart of Everything We Do!



Courtney and Amy have both worked at Vanier for seven years, each bringing a wealth of experience and dedication to their roles. Both have extensive experience in the cottage, but are currently working in the adolescent classroom. What they cherish most about their work is ***“the opportunity to make a positive impact on our clients’ lives,”*** along with the “bond and relationships you get to build with the children and adolescents.”

Their time working with adolescents in the classroom has been described as “fun, interesting, and a new challenge.” Both Amy and Courtney expressed that the experience has been rewarding, particularly as they’ve witnessed success stories and strengthened their connections with the teens. It has pushed them to develop new skills and step outside of their comfort zones. Reflecting on this shift, they shared, ***“We have been loving it—much more than we ever anticipated.”*** Although it required adjusting to a different approach, language, and overall environment, they found it ***“so much fun and a refreshing experience.”***

When asked what they love about Vanier, both highlighted the variety and growth opportunities offered. ***“We love that we have been given many opportunities to experience different programs where we have been able to grow and practice our skills,”*** they said, also noting the flexibility to be reassigned to programs aligned with their interests.



Jordan has been a dedicated Vanier employee for over two decades, celebrating 21 years this August. His daughter was three months old when he started! Jordan now holds the position of program supervisor and staff trainer (SMG). Reflecting on his experience, he remarked, ***“I have worked at many places before Vanier and I can say, ‘Vanier is the best.’”***

Jordan finds great fulfillment in his new supervisory role. He explained that while he deeply enjoyed working directly with families, he takes pride in sharing his knowledge with others: ***“It is so great seeing my experience pay off!”*** Helping students in placement develop their treatment approaches and therapeutic perspectives has been particularly meaningful, and ***“anything related to Circle of Security really fills my bucket.”***



Jordan’s love for Vanier runs deep, calling it a place that ***“lives in my heart.”*** As a second-generation Vanier employee, inspired by a father who also worked here, he views the profession as one of great honour. He praised Vanier’s values, saying it is ***“innovative and focuses on best practices”*** and highlighted the kindness and commitment of the staff: ***“We value our clients’ stories and honour the fact that we are part of their treatment experience.”*** Jordan also expressed appreciation for the professional development opportunities at Vanier, crediting trainings in trauma-informed care, client-centred practices, and attachment-based approaches for helping them grow: ***“I am a better CYC for having worked at Vanier.”***

"It is an honour and a privilege to volunteer on Vanier's Board of Directors because the organization is dedicated to maintaining a focus on the needs of all children and families.

Vanier's commitment to equity, diversity, inclusion, and belonging is demonstrated by the diversity of programming created using universal design principles and the customized and intentional care shown each client. As a board member for the last four years, I've been moved each time I attend an event or visit the campus to witness the care and respect that staff at Vanier have for their clients."

*Krista Vogt
Vice-Chair, Board of Directors*



OUR 2024 - 2025 BOARD OF DIRECTORS

Vanier Children’s Mental Wellness is governed by a volunteer Board of Directors who follow best practices for board governance. They provide broad strategic oversight to ensure that all of our resources are used in pursuit of the organization’s mission, vision, values, and strategic plan. We appreciate the time and commitment given to the organization by our board members.



Meredith Whitney
Chair



Jean-Marc Boisvenue
Secretary



Rob van der Westen
Member



Krista Vogt
Co Vice-Chair



Sally Zandri
Past Chair



Stefan Loker
Member



Samrat Raj
Co Vice-Chair



Krista Muncaster
Member



Mariana Peres Toledo
Member



Hilary Di Crescenzo
Treasurer



MISSION

We deliver culturally responsive, accessible mental health services to children, youth and families while providing system leadership and advocating to improve care in our community.



VISION

A community that cares, supports and transforms the lives of children and families.



VALUES

Compassion
Belonging
Advocacy

Trust
Innovation
Excellence



vanier

Children's
Mental Wellness

We listen. We advocate.
We champion children to find their victories every day.
We support the family, the central part of a successful outcome.
We help put the pieces together.
Caring. Supporting. **Transforming Lives.**

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TANDEM 519.433.0334 VANIER 519.433.3101