



Group Registration Form

Thank you for your interest in attending the HOPE Group. Lots of research shows that **parents supporting other parents** is an effective and powerful way to learn from others' experiences, to feel less alone, to feel supported, empowered, and hopeful.

We kindly ask that you complete the registration form and consent form on the next page and return it to **the HOPE and Family & Child Engagement Coordinator**. If you have any questions or concerns, please reach out to hope@vanier.com or by phone 226-235-4426.

Once we have your registration information, a link will be sent to your email address that explains how to access the virtual meeting site.

Please be aware that information sent via email is not always secure, however I can always be reached by phone if you would prefer to do the registration over the phone.

Registration for HOPE Group: _____

Group Date:

Group Time:

Name:	
Email:	
Phone #:	
Age(s) of child(ren):	

As our events may be virtual, we want to ensure everyone's safety. We need a back-up plan (e.g., phone number of someone that we can reach out to), if you need support at any time during the group. Please provide the contact information here for an emergency contact. We will only reach out if necessary.

Name & relationship to you:	
Phone #:	

HOPE Information and Consent Form

**Description of Service:**

The HOPE program is organized by parents for parents. The goal is to support and empower other parents who are facing ongoing challenges with their own children. This program is not facilitated by trained professionals or clinical staff. We are parents who have lived experience with children with mental health issues.

Possible Benefits of Group work:

- Having a friendly ear, someone in your corner, or a shoulder to lean on.
- Feeling less alone and more supported as you navigate the various challenges of parenting.
- Feeling heard, understood, and supported.
- Learning from each other's experiences.
- Gaining knowledge of additional services and resources available in the community.

Our goal is to provide a safe and caring environment. However, any participation in any group will have risks.

Possible Risks of Group work:

- There may be problem areas we cannot address, and we may not be able to meet all your needs.
- Sensitive issues can be discussed, triggering an emotional response.
- Discussions can lead to painful emotions or memories.

Confidentiality:

As a group, it is vital that we all agree to maintain confidentiality of all that is shared within the group.

Vanier maintains privacy and confidentiality except if one of these things is true:

- Someone tells us about a child who may be abused or neglected.
- Someone tells us that a specific person may be hurt or wants to hurt themselves.
- Someone tells us about someone who was abused or harassed by a professional such as a doctor, nurse, psychologist, or psychotherapist/social worker.

In Conclusion:

My signature below acknowledges that I reviewed the benefits and risks, and I agree to maintain the confidentiality of all that I hear within the group.

Name

Date