

Helping Other Parents Excel (HOPE)

Service Specific Consent

Description of Service:

The HOPE program is organized by parents for parents. Their goal is to support and empower other parents who are facing ongoing challenges with their own children. They also advocate on behalf of parents whose children have mental health problems. We are not trained professionals or clinical staff. We are parents who have lived experience with children with mental health issues.

Possible Benefits:

1. Having a friendly ear, someone in your corner, or a shoulder to lean on.
2. Feeling less alone and more supported as you navigate the various challenges of parenting.
3. Gaining knowledge of additional services and resources available in the community.
4. Supporting your family in connecting to needed services.

Possible Risks:

Our goal is to provide a safe and caring environment. However, any participation in any service will have risks.

1. There may be problem areas we cannot address, and we may not be able to meet all your needs.
2. Sensitive issues can be revealed, challenging questions might be asked.

If, at any time, you feel that our services are not being helpful or you have a concern, please let us know.

Information Collection and Disclosure:

Vanier keeps a file record of each family's time here. All these files are kept secure and private and never destroyed. Vanier makes the file to describe what we do together (and why). The file has all the Vanier reports, any reports from other places, our case notes and any letters.

Everyone who comes to Vanier for our services can get copies of the reports we write. They can ask to see the whole file if they want. They can also tell us to give reports to specific people like a doctor or a school.

Anyone who thinks something in a report is wrong (or missing) can tell us. We will work together to agree on the information in the report or say in the report that we cannot agree.

There are many laws telling Vanier how to keep files private and confidential and why that is important.

For example, we are a Health Information Custodian under a law called the Personal Health Information Protection Act (PHIPA). If we do not follow all these privacy laws, we get in trouble from the government.

Vanier's Privacy Officer is Kelly Simpson, who can be reached at 519-433-3101 ext. 143.

Vanier keeps everything people tell us private and confidential except if one of these things is true:

- A judge in a Court tells us we must give them information.
- Someone tells us about a child who may be abused or neglected (we must tell a Children's Aid Society).

- Someone tells us that a specific person may be hurt or wants to hurt themselves.
- Someone tells us about someone who was abused or harassed by a professional such as a doctor, nurse, psychologist, or psychotherapist.

One way that Vanier shows we do good work is to pass an inspection by the Canadian Centre for Accreditation. The CCA comes every four years to decide if we can continue to be an accredited children's mental health centre.

I agree that the accreditation site-review team (three people) could maybe read my Vanier file.

Yes ☐

No ☐

Electronic communications:

Electronic communications such as e-mail and texting are not guaranteed 100% confidential and private. Anyone who chooses to communicate with Vanier using electronic communication understands that risk.

I give my consent for Vanier to communicate with me through various communication tools:

☐ Cell phone

☐ Email

☐ Videoconferencing, i.e., Zoom

☐ I understand that Vanier Children's Mental Wellness is not able to guarantee the confidentiality of any of these tools.

☐ This form is valid as long as the client has an open file at Vanier. I may revoke my consent in writing at any time.

In Conclusion:

☐ I asked all my questions and got answers.

☐ I have discussed the potential consequences of participating in this service with the HOPE Coordinator.

☐ I understand that anyone who signs this agreement can change their mind at any time.

Name

Date

June 2023

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