



One number for immediate child
and youth mental health support

WALK-IN & CRISIS MENTAL HEALTH SERVICES

For Children and Youth birth - 18 years and Families



TANDEM'S WALK-IN SERVICES OFFERED

9:00 am - 4:00 pm
(last appointment at 4:00 pm)

Tuesday	Family Centre Westmount, 1019 Viscount Rd.
Wednesday	Family Centre White Oaks, 565 Bradley Ave.
Thursday	Family Centre Fanshawe, 1800 Cedarhollow Blvd.

Mental Health & Addictions Crisis Centre
648 Huron Street, London

Monday - Friday 12:30 pm - 10:00 pm (last appointment at 8:30 pm)

**OUTSIDE OF THESE HOURS
CONTACT TANDEM BY PHONE 24/7**

519-433-0334