

# Introducing The Assertive Community Treatment Team

The Assertive Community Treatment (ACT) team is an evidence-based, intensive treatment program designed for children and youth aged 8 to 17 who are at risk of requiring inpatient or live-in treatment services. This program is particularly effective for individuals who are hard to serve and have not been successful in engaging with traditional intensive treatment approaches.

ACT teams provide comprehensive support to help children and youth transition back into the community following inpatient hospitalization or live-in treatment. The program's primary goal is to empower children, youth, and their families to engage actively in community-based services, enabling them to remain safely and successfully in their homes, schools, and communities.



## ACT Team - Interdisciplinary Model

Comprised of Nursing, Occupational Therapists, Child and Family Therapists (MSW/RP), Recreational Therapist

### Who is eligible?

- Ages 8 to 17 years old
- Client has been identified by a regulated health care professional and/or formally diagnosed with a mental health concern
- High Service Needs/Heavy System Use
  - Repeated and/or long hospital stays
  - Frequent use of crisis services
  - Currently admitted and receiving treatment from a Live-In, Inpatient or OPR bed
- Inadequate engagement or response to more traditional mental health treatments/programs
- Moderate to severe functional limitations
- Must live in London-Middlesex

### Who is not eligible?

- Primarily seeking services for: addictions/substance abuse, developmental disability, organic disorders
- Too violent or has other significant risks that would impact safe community care

### What services are provided?

- Assertive Engagement
- Assessment
- Case Management
- Individual/Group/ Family Therapy
- Individual/Family Psycho-education and Health Teaching
- Individual/Family/Group Recreational Therapy
- Individual/Family/Group Occupational Therapy
- Crisis intervention
- Housing/Education/Employment Links
- Medication Support
- Health Services

### Referral Process

All referrals will be accepted directly from London Health Sciences Centre (LHSC) or through Tandem, **519-433-0334**



**Location:** Cherryhill Village Mall, 301 Oxford St. W.  
(within the food court)

**Hours:** 9:00 am - 5:00 pm

**Contact:** Kaitlyn Yungblut, [kyungblu@vanier.com](mailto:kyungblu@vanier.com)

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